

	Breakfast	Lunch	Dinner
Mon	N/A		Penne pasta Marinara <b>Turkey Meatballs(BS)</b> Tossed salad w/ cherry toms(T) Ranch packets <b>Breadsticks(T)</b> oven roasted green beans(T) parm/crushed red pep bowls water pitchers <b>(3T/1BS/F)</b>
Tues	Breakfast sandwich English muffin(T) Scrambled eggs(BS) Turkey Sausage patty(T) Hashbrown patty(T) strawberries (T) Ketchup bowls Milk and juice Frosted flakes <b>(4T/1BS/F/K/S)</b>	To go lunches Whole wheat bread Turkey slices Provolone cheese Sun butter/Jelly Whole fruit Gold Fish Mayo/mustard Cookie	Teriyaki chicken(T) Teriyaki sauce White steamed rice(BS) Steamed broccoli(T) Tossed salad w/cherry toms(T) Ranch packets Mandarin oranges(T) Soy sauce Water pitchers <b>(3T/2BS/F/K/S)</b>
Wed	Pancakes(T) Turkey Sausage Link(T) Roasted redskin potatoes(T) Syrup cups Butter Milk Ketchup bowls Cinnamon toast crunch Oranges slices(T) <b>(4T/F/K/S)</b>	To go lunches Whole wheat bread Roasted turkey slices Provolone cheese Sun butter/Jelly Whole fruit Gold Fish Mayo/mustard Cookie	Breaded chicken sandwich Hamberger bun(T) Chicken patty(T) Lettuce ,tom, pickles, cheese(T) Waffles fries(T) Ketch/mayo Fruit cocktail mix(BS) Water pitchers <b>(4T/1BS/F)</b>
Thurs	French toast sticks(T) Chicken sausage(T) Syrup cups Milk Lucky charms Orange slices(T) <b>(3T/F/S)</b>	Served outside Grilled Cheese Whole fruit Granola bars Water igloos	Naturalist Lunch Chefs Choice

Fri			
-----	--	--	--

New Horizons #175-225

**(T)=Tong**

**(BS)=Black Spoon**