



Exploring New Horizons Health & Safety Plan for COVID-19

Summary

The health and safety of our participants and staff is our number one priority. The Exploring New Horizons (ENH) Health & Safety Plan for our Day Camp Program provides a clear set of guidelines that will minimize the spread of COVID-19. These guidelines follow the Centers for Disease Control and Prevention (CDC) and American Camp Association (ACA) recommendations for summer camps (*Field Guide for Camps on Implementation of CDC Guidance*), as well as county public health requirements. These guidelines will evolve as new recommendations are issued from federal, state and county public health officials. All ENH staff are trained on this Plan and follow the guidelines provided. A copy of this plan is provided to the parents/guardians of all campers. ENH makes no guarantee that these guidelines will prevent transmission of COVID-19.

Communication

ENH shares these policies and procedures to minimize the spread of COVID-19 with staff and parents/guardians of campers prior to the start of camp. A copy of this plan is emailed to parents/guardians along with a health form. Parents/guardians of campers confirm they have read and agree to this plan by signing the Exploring New Horizons Registration & Contract prior to the start of camp. ENH staff will answer questions about what processes and procedures will be in place at camp so every child arrives prepared.

Pre-Program Training

ENH staff are trained on:

- COVID-19 identification and prevention
- Sick camper tracking and reporting
- ENH Health and Safety Plan
- Proper use of face coverings, how to wash hands, and how to use hand sanitizer
- How to properly isolate staff or campers in the event of illness
- How to talk about COVID-19 with children and adults
- How to talk about COVID-19 fears with children and adults
- Social and emotional learning factors while teaching during this time & ensuring that campers follow guidelines

Pre-Program Screening

ENH Staff

- ENH conducts staff temperature checks each day upon arrival at camp. Any staff with a temperature of 100.3 or higher will not work that day.
- Any staff member who is showing other symptoms of COVID-19, including shortness of breath, cough, and other symptoms, will not to work that day.

- If a staff member has a positive diagnosis of COVID-19 and has symptoms, they can return to work once it has been 10 days since symptoms first appeared and 24 hours with no fever without the use of fever-reducing medications and symptoms have improved.
- If a staff member has a positive diagnosis of COVID-19 and does not have symptoms, they can return to work after 10 days since the positive test.
- If a staff member has been around a person with COVID-19 they should stay home for 14 days after their last exposure. However, any staff member who has been around a person with COVID-19 and has had COVID-19 themselves within the previous 3 months and has recovered and remains without symptoms does not need to stay home.
- Any staff member who has been ill with any non-COVID-19 illness cannot return to work until they have been asymptomatic for at least 48 hours
- Staff wear clean face coverings at all times when they are not socially distanced from the group.
- Staff may remove their mask if they are socially distanced from the group and are eating or drinking or need to take a break.

Parents/Guardians and Campers

- ENH conducts camper temperature checks each day upon arrival at camp. Any camper with a temperature of 100.3 or higher cannot attend that day.
- Any camper who is showing other symptoms of COVID-19, including shortness of breath, cough, and other symptoms, cannot attend that day.
- If a camper has a positive diagnosis of COVID-19 and has symptoms, they can return to camp once it has been 10 days since symptoms first appeared and 24 hours with no fever without the use of fever-reducing medications and symptoms have improved.
- If a camper has a positive diagnosis of COVID-19 and does not have symptoms, they can return to camp after 10 days since the positive test.
- If a camper has been around a person with COVID-19 they should stay home for 14 days after their last exposure. However, any camper who has been around a person with COVID-19 and has had COVID-19 themselves within the previous 3 months and has recovered and remains without symptoms does not need to stay home.
- Any camper who has been ill with any non COVID-19 illness cannot return to camp until they have been asymptomatic for at least 48 hours
- Parents/guardians of children with underlying health issues that put the child at higher risk of COVID-19 illness should discuss additional mitigation procedures with ENH staff.
- Parents/guardians must provide a clean face covering each day for their child. The face covering that will be used at all times when the child is not socially distanced from the group. We recommend washable fabric face coverings with ear loops rather than those that tie around the ears, and practicing at home (with stuffed animals, etc.) to normalize the practice.
- A child may remove their face covering if they are socially distanced from the group and are eating or drinking or they are engaging in solitary play or a solo activity. During these times staff will encourage campers to take a break from their face covering.

Onsite Prevention Strategies

Drop off & Pick up

- Detailed drop off/pick up directions and a site map will be supplied to every parent
- Drop off and pick up will be managed to allow for physical distancing of at least 15 feet between groups.

- Parents/guardians must maintain physical distancing between families during arrival and pick-up times
- All parents/guardians, campers, siblings or other family members, and staff must wear face coverings during drop off and pick up.
- ENH staff measure and record each child's temperature during drop off. A contact-free digital thermometer will be used when possible.
- At drop off, parents/guardians will complete a sign in form that asks the following. Any child for whom the answer is "yes" cannot attend, as described above in the section "Parents/Guardians and Campers."
 - During the past 14 days, have you, your child, or any member of your household had any of the following: COVID-19 symptoms, direct contact with anyone who has had a positive test for COVID-19, or direct contact with anyone who has been sick with COVID-19 symptoms?
- Parents/guardians must provide the best phone number to reach them during the day in case of emergency or sudden illness.
- ENH provides clean pens and hand sanitizer for use during drop off and pick up.
- Campers must wash their hands immediately upon arrival

Program

- Campers are instructed on proper prevention methods for COVID-19.
- Campers are shown the proper way to wash hands and use hand sanitizer.
- If the group plans to hike far from a bathroom, staff carry hand sanitizer and a hand washing station (water pouch and soap).
- Campers and staff wash hands with soap and water before and after lunch, and whenever appropriate during the program.
- Campers are trained how to use face coverings.
- Campers are trained on physical distancing (staying 6 feet apart).
- Campers are taught to not share food, utensils, cups or water bottles; to avoid touching their faces (including mouth, nose and eyes; and to cough and sneeze into their shoulder or into a tissue (not into their hands or elbows).
- If groups encounter anyone outside the group during the program, they will stay 6 feet apart when possible and wash hands or use hand sanitizer if they touch shared surfaces.
- If campers show signs of illness they are isolated, and parents/guardians are called immediately. An ENH staff member waits with the isolated camper until a parent/guardian or emergency contact designated on the health form arrives. The staff member maintains a physical distance of 6 feet from the camper, when possible, while awaiting pick up, talking with them and helping them to remain calm and not get overly upset.
- Separate groups of ENH campers maintain physical distancing from each other and do not share indoor bathrooms or rainy-day spaces at the same time.
- Campers bring their own lunches and sit at least 6 feet apart when eating. Lunchtime is outside whenever possible.
- ENH staff plan age-appropriate activities that avoid physical contact whenever possible.
- ENH does not transport campers in vehicles. If a child is seriously injured and a parent/guardian or designated emergency contact cannot arrive in a sufficient amount of time, an ambulance will be called.
- An emergency vehicle is always available at our program locations but is not used to transport campers.

Facilities

- For ENH programs that are conducted at a camp facility, each group uses a designated bathroom which is cleaned and disinfected throughout the day by facility staff, using CDC and NPS-approved procedures.
- For ENH programs that are conducted in State, County, or City parks, ENH staff inspect public bathrooms, and wipe down surfaces as necessary, before their group uses the bathroom.
- Campers and staff only go indoors to use the bathroom or to take shelter for brief periods of time from rain/cold/wind.
- Handwashing stations are set up at programs that are run at camps facilities as needed.
- ENH staff carry portable hand washing stations (water pouches and soap) for programs that are run in State, County, or City parks.

Disease Response

These are the crucial practices for ENH staff if they encounter illness. A COVID-19 outbreak concern occurs when 1 or more participants (campers or staff) experience fever, cough, tiredness, shortness of breath, muscle aches, chills, sore throat, loss of taste or smell.

- Ill camper(s) are isolated from the group with an ENH staff member and parents/guardians are called. An ENH staff member monitors the ill camper(s), maintaining physical distancing.
- Ill staff are isolated from the group. A substitute is assigned to the group when possible.
- ENH does not allow the staff or camper to return to the program for a period of time as described in the above section: "Pre-program Screening"
- ENH will notify camper's parents/guardians if a camper or staff member tests positive for COVID-19.
 - For staff testing positive for COVID-19, a substitute ENH staff member leads the group until the staff member is able to return to work. In the event a substitute is not available, camp will be cancelled for the affected group.
 - For ENH programs at camp facilities, ENH informs the camp facility staff and bathrooms/surfaces are thoroughly cleaned.
 - ENH alerts County Health and Human Services (in consultation with US Public Health Service).
 - As testing becomes more readily available, any camper or staff showing signs and symptoms of COVID-19 may be asked to provide a negative test result before returning to the program.